## Cricket Risk Management Plan: Westfields Sports High School

Name of school: Westfields Sports High School

Principal: Mr A Rogers

Director of Sport: Mrs J Kenny

Cricket Coaches: Mr D Rixon, Mr J Broadbent & Mr I Gill Group/class: Students in the cricket talented sport program

*Risk Assessment Focus*: Safe and effective programs for all students in the cricket talented sports program.

Task/Activity	Hazard Identification & Associated Risk Type/Cause	Assess Risk* use matrix	Elimination or Control Measures	Assess Risk* post elim.	Who	When
Students changing in to practical gear for cricket training	- Hygiene / Illness	4	- Change rooms cleaned daily, hygiene practiced taught & encouraged	6	Sport coaches	Prior to / and after training
			<ul><li>Change rooms monitored for damage</li><li>Single sex change rooms</li></ul>			
	- Injury to student	5	<ul><li>Access to showers</li><li>Staff nearby and to announce when / if entering</li></ul>	6		
Cricket Training	Injury to student/s including		- Warm up / Cool down - Explanation & Modelling of correct cricket techniques		Sport coaches	During Training
	Cuts & Abrasions	5	- Question & Answer session on cricket skills, techniques & injuries	6	Students	
	Bruising	5	- Equipment in good condition, match the size strength & ability of students	6	Students	
	• Asthma	5	<ul> <li>Protective equipment – cricket helmets must be worn when batting, fielding within 10m of the bat &amp; wicket keeping up to the stumps, in addition wicket keepers &amp; batters must wear a pair of well fitted pads, gloves &amp; genital protector (males)</li> </ul>	6		
	Broken Limbs     Lifting	5 2		6 6		
			<ul> <li>Correct footwear must be worn at all times – rubber soled cricket boots for hard wickets, spiked cricket boots may be worn for turf wickets</li> </ul>			
			- Sports uniform or appropriate clothing must be worn at all times			
			- Individual programs based on age & sequential development			
			<ul><li>Staff with knowledge of first aid and /or first aid qualifications</li><li>Well-equipped medical kit available</li></ul>			
	- Damage to / Misuse of equipment	5	<ul><li>Equipment checked by student's prior to use</li><li>Equipment returned to storage at end of each session</li></ul>	6		

Supervision of Students	- Student Safety  - Injury to student/s including  • Cuts & Abrasions  • Bruising  • Asthma  • Broken Limbs  • Dehydration  • Anaphylaxis	5 5 5 5 5 5 5 5	<ul> <li>Police check</li> <li>Prohibited Persons Declaration</li> <li>Appropriate Cricket Qualifications and/or Expertise</li> <li>Emergency Care &amp; Anaphylaxis Training</li> <li>Child Protection Training</li> <li>Code of Conduct</li> <li>Principal &amp; Director of Sport to oversee program &amp; facility</li> <li>Questionnaire to be completed prior to cricket training</li> <li>Explanation &amp; Modelling of correct cricket techniques</li> <li>Staff to cease activity at any sign of tiredness or fatigued</li> <li>Competition games &amp; structured practice sessions modified to suit age &amp; ability of students</li> <li>Special care taken with fast bowlers, with Cricket Australia bowling restrictions adhered to (U13 – 4 overs spell / 8 overs per day, U14 – 5 overs spell / 10 overs per day, U15 – 5 overs spell / 12 overs per day, U16 – 6 overs spell / 14 overs per day, U17 – 6 overs spell / 20 overs per day), in addition U13-U15 - 2 practice sessions per week / 30 balls per session, U16-U17 -2 practice sessions per week / 30 balls per session, U16 – 3 practice sessions per week / 42 balls per session, U19 - 3 practice sessions per week / 48 balls per session</li> <li>Students are instructed to consume water prior to &amp; during session – when batting or bowling in hot weather, fluid intake is more frequent</li> <li>Well equipped medical kit available with Epipen</li> <li>Teacher / coaches regularly assist the Cricket Coach</li> </ul>	6 6 6 6 6	Principal & Director of Sport  Sport coaches	Prior / during & after training
	- Damage to / Misuse of equipment	5	<ul> <li>Principal &amp; Director of Sport to oversee program &amp; facility</li> <li>Explanation &amp; Modelling of correct cricket techniques</li> <li>Teacher / coaches regularly assist the Cricket Coach</li> </ul>	6		
	- Hygiene	4	<ul> <li>Principal &amp; Director of Sport to oversee program &amp; facility</li> <li>Code of Conduct</li> <li>Explanation &amp; Modelling of correct hygiene procedures</li> </ul>	6		
Rehabilitation	- Injury to student/s	2	<ul><li>Consultation with Physiotherapist</li><li>Modified Cricket Program</li></ul>	6	Sport coaches	Prior / during & after training

Cricket Facility	- Injury to student/s	2	- Cricket facility is checked before each session – free of obstructions, loose objects & holes	6	Sport coaches	Prior / during & after training
			Overlapping boundaries must be avoided, enclosed grounds should have a boundary marked 2m inside fence line			
			- Wicket area inspected prior to start of play to ensure suitable standard			
			- Umpires, coaches & teacher exercise conservative approach to playing in adverse weather conditions			
			- Synthetic coverings & mats used on concrete wickets must be in good condition – no holes, tears or separating seams			
			<ul> <li>Cricket nets must be in good condition with any holes repaired, students instructed to watch &amp; be wary of balls hit in net area, safe procedures for fielding balls in net area issued to students, no student to act as wicketkeeper in nets while batting is in progress, nets should be clear of bowlers &amp; fielders before each ball is bowled, designated area for batters to pad up</li> </ul>			
			- Ice available at venue for treatment of injuries			
	- Damage to equipment	5	- Equipment checked regularly	6		
			- Equipment returned to storage at end of each session / match			

Venue and safety information reviewed and attached: Yes

Plan prepared by: J Kenny

Prepared in consultation with: D Rixon

Communicated to: Teachers, coaches and parent/carers

Position: Director of Sport

Position: Cricket Head Coach

Date: 5 March, 2019

Monitor and Review - Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs