

Football Risk Management Plan: Westfields Sports High School

<p><i>Name of school:</i> Westfields Sports High School</p> <p><i>Principal:</i> Mr A Rogers</p> <p><i>Director of Sport:</i> Mrs J Kenny</p> <p><i>Football Coaches:</i> Mr K Babington, Mr R Bradshaw, Mr C De Bruin, Mr B Crane, Mr N Arrarte, Ms L Blayney</p> <p><i>Group/class:</i> Students in the football talented sport program</p>	<p><i>Risk Assessment Focus:</i> Safe and effective programs for all students in the football talented sports program.</p>
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Task/Activity	Hazard Identification & Associated Risk Type/Cause	Assess Risk* use matrix	Elimination or Control Measures	Assess Risk* post elim.	Who	When
Students changing in to practical gear for football training	- Hygiene / Illness	4	<ul style="list-style-type: none"> - Change rooms cleaned daily, hygiene practiced taught & encouraged - Change rooms monitored for damage - Single sex change rooms 	6	Sport coaches	Prior to / and after training
	- Injury to student	5	<ul style="list-style-type: none"> - Access to showers - Staff nearby and to announce when / if entering 	6		
Football Training	- Injury to student/s including <ul style="list-style-type: none"> • Cuts & Abrasions • Bruising • Asthma • Broken Limbs 	5	<ul style="list-style-type: none"> - Warm up / Cool down - Explanation & Modelling of correct football techniques 	6	Sport coaches	During Training
		5	<ul style="list-style-type: none"> - Question & Answer session on football skills, techniques & injuries 	6	Students	
		5	<ul style="list-style-type: none"> - Appropriate footwear must be worn at all times – if football boots are worn, no student permitted to wear any other type of footwear, football boots must be inspected prior to game to ensure studs do not have sharp edges or excessively worn 	6		
		5	<ul style="list-style-type: none"> - Appropriate clothing must be worn at all times - Shin guards made of suitable material are compulsory 	6		
		5	<ul style="list-style-type: none"> - Individual programs based on age & sequential development - Supervision of students whilst undertaking task - Staff with knowledge of first aid and /or first aid qualifications - First Aid kit / equipment available 	6		
	5	<ul style="list-style-type: none"> - Damage to / Misuse of equipment 	5	<ul style="list-style-type: none"> - Equipment checked by student's prior to use - Equipment returned to storage at end of session 	6	

Supervision of Students	- Student Safety	2	<ul style="list-style-type: none"> - Police check - Prohibited Persons Declaration - Appropriate Football Qualifications and/or Expertise - Emergency Care & Anaphylaxis Training - Child Protection Training - Code of Conduct - Principal & Director of Sport to oversee program & facility 	6	Principal / Director of Sport	Prior / during & after training
	- Injury to student/s including	5	- Questionnaire to be completed prior to football training	6	Sport coaches	
	• Cuts & Abrasions	5	- Explanation & Modelling of correct football techniques	6		
	• Bruising	5	- Coaching program based on conditioning & progressive skill training	6		
• Asthma	5	- Students must not use equipment or wear anything that may cause injury to themselves or others, all jewellery must be removed	6			
• Broken Limbs	2	- Staff to cease activity at any sign of tiredness or fatigue	6			
• Anaphylaxis		- Teacher / coaches regularly assist the Football Coach				
			- Principal & Director of Sport to oversee program & facility			
			- Qualified referee used for inter-school competitions			
			- Well-equipped medical kit available with EpiPen			
			- Ice available for treatment of injuries			
	- Damage to / Misuse of equipment	5	<ul style="list-style-type: none"> - Explanation & Modelling of correct football techniques - Teacher / coaches regularly assist the Football Coach - Principal & Director of Sport to oversee program & facility - Code of Conduct 	6		
Rehabilitation	- Injury to student/s	2	<ul style="list-style-type: none"> - Student excluded wherever there is any doubt as to the extent of the injury or fitness to continue - Students excluded from participation until it is clear that they are fit to resume, if there is any doubt, student is not to participate until medically cleared - Students to provide documentation from medical personnel of injury & clearance to resume - Modified Football Program 	6	Sport coaches	Prior / during & after training

Football Facility	- Injury to student/s	2	<ul style="list-style-type: none"> - Football surface should be free of obstructions & loose objects - Goal posts & crossbars checked for stability prior to each session / game, portable goal posts must be effectively anchored, where possible nets should be used - Corner flags made of non-injurious material are to be at least 1.5m high & not pointed at the top - Spectators must be positioned an appropriate distance from the field of play during a game 	6	Sport coaches	Prior / during & after training
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Venue and safety information reviewed and attached: Yes

Plan prepared by: J Kenny

Position: Director of Sport

Date: 21 February, 2019

Prepared in consultation with: K Babington

Position: Football Head Coach

Communicated to: Teachers, coaches and parent/carers

Monitor and Review – Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs