

## Hockey Risk Management Plan: Westfields Sports High School

*Name of school:* Westfields Sports High School

*Name of principal:* Mr A Rogers

*Director of Sport:* Mrs J Kenny

*Hockey Coaches:* Mr G Manou & Mr M Nobbs

*Group/class:* Students in the hockey talented sport program

*Risk Assessment Focus:* Safe and effective programs for all students in the hockey talented sports program.

Task/Activity	Hazard Identification & Associated Risk Type/Cause	Assess Risk* use matrix	Elimination or Control Measures	Assess Risk* post elim.	Who	When
Students changing in to practical gear for hockey training	- Hygiene / Illness	4	- Change rooms cleaned daily, hygiene practiced taught & encouraged - Change rooms monitored for damage	6	Sport coaches	Prior to / and after training
	- Injury to student	5	- Single sex change rooms - Access to showers - Staff nearby and to announce when / if entering	6		
Hockey Training	- Injury to student/s including		- Warm up / Cool down		Sport coaches	During Training
	• Cuts & Abrasions	5	- Explanation & Modelling of correct hockey techniques	6	Students	
	• Bruising	5	- Question & Answer session on hockey skills, techniques & injuries	6		
	• Asthma	5	- Individual programs based on age & sequential development	6		
	• Broken Limbs	5	- A correctly fitted mouthguard is mandatory & must be worn during organised training sessions & matches	6		
			- Correct footwear must be worn at all times – moulded synthetic-soled boots or sport shoes for grass, sport shoes are recommended for synthetic grass, boots must conform to the rules of the game	6		
			- Sports uniform or appropriate clothing must be worn at all times			
			- Protective clothing / equipment must be worn at all times – shin pads & mouthguards are compulsory during organised training sessions & games, no hard peaked caps are permitted, goalkeepers must wear helmet with faceguard, chest protector, groin protector, protective pads, kickers & gauntlet gloves			
			- Equipment checked by students prior to use wooden sticks with splits must not be used			
			- Supervision of students whilst undertaking tasks			
			- Staff with knowledge of first aid and /or first aid qualifications			
			- Well equipped medical kit with EpiPen available			

Supervision of Students	<ul style="list-style-type: none"> <li>- Student Safety</li>   <li>- Injury to student/s including                             <ul style="list-style-type: none"> <li>• Cuts &amp; Abrasions</li> <li>• Bruising</li> <li>• Asthma</li> <li>• Broken Limbs</li> <li>• Sunburn</li> <li>• Anaphylaxis</li> </ul> </li> </ul>	2	<ul style="list-style-type: none"> <li>- Police check</li> <li>- Prohibited Persons Declaration</li> <li>- Appropriate Hockey Qualifications and/or Expertise</li> <li>- Emergency Care &amp; Anaphylaxis Training</li> <li>- Child Protection Training</li> <li>- Code of Conduct</li> <li>- Principal &amp; Director of Sport to oversee program &amp; facility</li>   <li>- Questionnaire to be completed prior to hockey training</li> <li>- Explanation &amp; Modelling of correct hockey techniques</li> <li>- Coaching program based on conditioning &amp; progressive skill training</li> <li>- Students must remove jewellery &amp; other ornaments likely to cause injury</li> <li>- Staff to cease activity at any sign of tiredness or fatigued</li> <li>- Teachers regularly assist non teaching coaches</li> <li>- Principal &amp; Director of Sport to oversee program &amp; facility</li> <li>- Qualified referees used for inter-school competitions</li> <li>- Students are to be instructed to use adequate sun protection, e.g. SPF30+ broad spectrum, water resistant sunscreen reapplied regularly, and where appropriate, a hat that complies with hockey rules</li> <li>- Well-equipped medical kit with Epipen available</li> <li>- Should an injury occur involving bleeding these procedures should be followed : all clothing, equipment &amp; surfaces viewed as potentially infectious &amp; treated accordingly; participants who are bleeding must have wound dressed &amp; securely covered; any blood covered area must be cleaned thoroughly &amp; any blood covered clothing &amp; equipment cleaned or removed prior to participant recommencing activity.</li> <li>- Ice available for treatment of injuries</li> </ul>	6	Principal / Director of Sport  Sport coaches	Prior / during & after training
Rehabilitation	<ul style="list-style-type: none"> <li>- Injury to student/s</li> </ul>	2	<ul style="list-style-type: none"> <li>- Student excluded wherever there is any doubt as to the extent of the injury or fitness to continue</li> <li>- Student excluded from participation until it is clear that they are fit to resume, if there is any doubt, student is not to participate until medically cleared</li> <li>- Consultation with Physiotherapist</li> <li>- Modified Hockey Program</li> </ul>	6	Sport coaches	Prior / during & after training

Hockey Facilities	- Injury to student/s	2	<ul style="list-style-type: none"> <li>- The ground surface must be free of obstructions &amp; loose objects &amp; be of a standard firt to play. Hydrated lime must not be used to mark fields.</li> <li>- Goal posts &amp; goal structures must be checked for stability so there is no likelihood of the goals falling forward</li> <li>- Spectators must be positioned at an appropriate distance from the field of play during play</li> </ul>	6	Sport coaches	Prior / during & after training
<p><i>Venue and safety information reviewed and attached: Yes</i></p> <p><i>Plan prepared by: J Kenny</i> <span style="margin-left: 200px;"><i>Position: Director of Sport</i></span> <span style="margin-left: 100px;"><i>Date: 5 March, 2019</i></span></p> <p><i>Prepared in consultation with: George Manou</i> <span style="margin-left: 150px;"><i>Position: Hockey Coach</i></span></p> <p><i>Communicated to: Teachers, coaches and parent/carers</i></p>						
<p><b>Monitor and Review</b> – Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs</p>						