

Softball Risk Management Plan: Westfields Sports High School

Name of school: Westfields Sports High School

Name of principal: Mr A Rogers

Director of Sport: Mrs J Kenny

Softball Coaches: Mr C Brownlow, Ms A Wickens, Ms M Bugueno

Group/class: Students in the softball talented sport program

Risk Assessment Focus: Safe and effective programs for all students in the softball talented sports program.

Task/Activity	Hazard Identification & Associated Risk Type/Cause	Assess Risk* use matrix	Elimination or Control Measures	Assess Risk* post elim.	Who	When
Students changing in to practical gear for softball training	- Hygiene / Illness	4	- Change rooms cleaned daily, hygiene practiced taught & encouraged - Change rooms monitored for damage - Single sex change rooms	6	Sport coaches	Prior to / and after training
	- Injury to student	5	- Access to showers - Staff nearby and to announce when / if entering	6		
Softball Training	- Injury to student/s including		- Warm up / Cool down		Sport coaches	During Training
	• Cuts & Abrasions	5	- Explanation & Modelling of correct softball techniques	6	Students	
	• Bruising	5	- Question & Answer session on softball skills, techniques & injuries	6		
	• Asthma	5	- Students are to wear appropriate footwear such as softball cleats	6		
	• Broken Limbs	5	- Sports uniform or appropriate clothing must be worn at all times	6		
			- Individual programs based on age & sequential development	6		
			- Equipment must be suited to size, strength & ability of the students. Equipment should be checked by students prior to use			
			- Players catching to a pitcher must wear full catching attire which includes mask, helmet, throat protector, breastplate & leg protector (& where appropriate genital protector)			
			- All players should be coached in the correct "sliding into bases" technique which is the figure 4 or bent leg slide			
			- Supervision of students whilst undertaking tasks			
			- Staff to cease activity at any sign of tiredness or fatigued			
			- Staff with knowledge of first aid and /or first aid qualifications			
			- A well equipped medical kit with EpiPen must be available			
			- Teacher regularly assists the Softball Coach			

Supervision of Students	<ul style="list-style-type: none"> - Student Safety - Injury to student/s including <ul style="list-style-type: none"> • Cuts & Abrasions • Bruising • Asthma • Broken Limbs • Anaphylaxis 	<p>2</p> <p>5</p> <p>5</p> <p>5</p> <p>5</p>	<ul style="list-style-type: none"> - Police check - Prohibited Persons Declaration - Appropriate Softball Qualifications and/or Expertise - Emergency Care & Anaphylaxis Training - Child Protection Training - Code of Conduct - Principal & Director of Sport to oversee program & facility - Equipment must be suited to size, strength & ability of the students - Players catching to a pitcher must wear full catching attire which includes mask, helmet, throat protector, breastplate & leg protector (& where appropriate genital protector) - Fielders must wear a glove, shin pads are recommended for close in fielders, males in this position should wear genital protector - Students are to wear appropriate footwear such as softball cleats which must be inspected prior to the commencement of each game to ensure they don't have sharp edges and conform to the rules of the game - The batting team must be at least ten(10) metres away from the base lines & well clear of the home plate - Batters & baserunners must wear two eared helmets. It is recommended that a chin strap be attached to the helmet - Students who coach ay first & third bases must wear two eared helmet - Students are to be instructed to use adequate sun protection, e.g. SPF30+ broad spectrum, water resistant sunscreen reapplied regularly, and a hat where appropriate. - Ice available for treatment of injuries - A well equipped medical kit with EpiPen must be available - Teacher regularly assists the Softball Coach 	<p>6</p> <p>6</p> <p>6</p> <p>6</p> <p>6</p> <p>6</p>	Sport coaches	Prior / during & after training
Rehabilitation	<ul style="list-style-type: none"> - Injury to student/s 	2	<ul style="list-style-type: none"> - Consultation with Physiotherapist - Modified Softball Program 	6	Sport coaches	Prior / during & after training

Softball Facilities	- Injury to student/s	2	- Baseball facility is checked before each session – free of obstructions & loose objects; hydrated lime must not be used in marking out the diamond - Where possible, back netting should be provided - If bases are to be pegged, they must be the type with strapping which is pegged from beneath the base	6	Sport coaches	Prior / during & after training
	- Damage to equipment	5	- Equipment checked regularly; defective equipment must not be used	6		
	- Injury to spectator/s	5	- Spectators should be allocated a viewing area at least 10m from either 1st or 3rd base lines; the area immediately behind the home plate must not be used unless appropriately screened	6		

Venue and safety information reviewed and attached: Yes

Plan prepared by: J Kenny

Position: Director of Sport

Date: 5 March, 2019

Prepared in consultation with: M Bugueno

Position: Softball Convener

Communicated to: Teachers, coaches and parent/carers

Monitor and Review – Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs