

## Baseball Risk Management Plan: Westfields Sports High School

*Name of school:* Westfields Sports High School

*Name of principal:* Mr R Davis

*Director of Sport:* Mrs J Kenny

*Baseball Coach:* Mr M Williams

*Group/class:* Students in the baseball talented sport program

*Risk Assessment Focus:* Safe and effective programs for all students in the baseball talented sports program.

Task/Activity	Hazard Identification & Associated Risk Type/Cause	Assess Risk* use matrix	Elimination or Control Measures	Assess Risk* post elim.	Who	When
Students changing in to practical gear for baseball training	- Hygeine / Illness	4	<ul style="list-style-type: none"> <li>- Change rooms cleaned daily, hygiene practiced taught &amp; encouraged</li> <li>- Change rooms monitored for damage</li> <li>- Single sex change rooms</li> <li>- Access to showers</li> </ul>	6	Sport coaches	Prior to / and after training
	- Injury to student	5	<ul style="list-style-type: none"> <li>- Staff nearby and to announce when / if entering</li> </ul>	6		
Baseball Training	- Injury to student/s including		<ul style="list-style-type: none"> <li>- Warm up / Cool down</li> <li>- Explanation &amp; Modelling of correct baseball techniques</li> <li>- Question &amp; Answer session on baseball skills, techniques &amp; injuries</li> </ul>	6	Sport coaches	During Training
	<ul style="list-style-type: none"> <li>• Cuts &amp; Abrasions</li> <li>• Bruising</li> <li>• Asthma</li> <li>• Broken Limbs</li> <li>• Concussion</li> </ul>	5 5 5 5 2	<ul style="list-style-type: none"> <li>- Protective equipment must be worn at all times – glove, genital protectors, two-eared helmets, in addition catcher to wear chest plate, leg protectors, helmet with face mask &amp; throat protector</li> <li>- Correct footwear must be worn at all times</li> <li>- Baseball uniform or appropriate clothing must be worn at all times – top, long-sleeved undershirt (optional) &amp; long pants</li> <li>- Individual programs based on age &amp; sequential development</li> <li>- Supervision of students whilst undertaking task</li> <li>- Staff with knowledge of first aid and /or first aid qualifications</li> <li>- Well equipped medical kit readily available</li> </ul>	6 6 6 6	Students	
	- Damage to / Misuse of equipment	5	<ul style="list-style-type: none"> <li>- Equipment checked by staff / student's prior to use</li> <li>- Equipment returned to storage at end of</li> </ul>	6		

Supervision of Students	- Student Safety	2	<ul style="list-style-type: none"> <li>- Police check</li> <li>- Prohibited Persons Declaration</li> <li>- Appropriate Baseball Qualifications and/or Expertise</li> <li>- Emergency Care &amp; Anaphylaxis Training</li> <li>- Child Protection Training</li> <li>- Code of Conduct</li> <li>- Principal &amp; Director of Sport to oversee program</li> </ul>	6	Principal & Director of Sport	Prior / during & after training
	- Injury to student/s including <ul style="list-style-type: none"> <li>• Cuts &amp; Abrasions</li> <li>• Bruising</li> <li>• Asthma</li> <li>• Broken Limbs</li> <li>• Anaphylaxis</li> </ul>	5	- Questionnaire to be completed prior to baseball training each year	6	Sport coaches	
		5	- Explanation & Modelling of correct baseball techniques	6		
		5	- Staff monitor & ensure correct technique during activities	6		
		5	- Staff to cease activity at any sign of tiredness or fatigued	6		
		2	- Pitchers must be restricted to the number of pitches delivered in a session or day, eg. Year 7 (90), Year 8 (100), Year 9-12 (110), Year 7 & 8 must not throw curve balls	6		
- Damage to / Misuse of equipment	5	<ul style="list-style-type: none"> <li>- Players must be instructed to drop, not throw bat before running</li> <li>- Players preferring to slide must use the “figure 4 slide” technique</li> <li>- Mobile Phone at venue</li> <li>- First Aid Kit available at venue containing EpiPen</li> <li>- Principal &amp; Director of Sport to oversee program</li> </ul>	6			
	5	<ul style="list-style-type: none"> <li>- Explanation &amp; Modelling of correct baseball techniques</li> <li>- Principal &amp; Director of Sport to oversee program</li> <li>- Code of Conduct</li> </ul>	6			
	4	- Explanation & Modelling of correct hygiene procedures	6			
Rehabilitation	- Injury to student/s	2	<ul style="list-style-type: none"> <li>- Consultation with Physiotherapist</li> <li>- Modified Baseball Program</li> </ul>	6	Sport coaches	Prior / during & after training

Baseball Facility	- Injury to student/s	2	<ul style="list-style-type: none"> <li>- Baseball facility is checked before each session – free of obstructions &amp; loose objects</li> <li>- Where possible, back netting should be provided</li> <li>- Players who are not on the field, in the batting box or in the on-deck circle must remain in team dugout or be positioned at the side of the pass ball line if no dugout provided</li> <li>- If bases are to be pegged, they must be the type with strapping which is pegged from beneath the base</li> </ul>	6	Sport coaches	Prior / during & after training
	- Damage to equipment	5	<ul style="list-style-type: none"> <li>- Equipment checked regularly</li> </ul>	6		
	- Injury to Spectator	5	<ul style="list-style-type: none"> <li>- At an unfenced venue, spectators should be allocated a viewing area at least 10m from either 1st or 3rd base lines</li> <li>- At a fenced venue prepared for baseball spectators must remain behind the fence</li> </ul>	6		

*Venue and safety information reviewed and attached: Yes*

*Plan prepared by: J Kenny*

*Position: Director of Sport*

*Date: 28 March, 2013*

*Prepared in consultation with: M Williams*

*Position: Baseball Coach*

*Communicated to: Teachers, coaches and parent/carers*

**Monitor and Review** – Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs