

Rugby League Risk Management Plan: Westfields Sports High School

Name of school: Westfields Sports High School
Name of principal: Mr R Davis
Director of Sport: Mrs J Kenny
Rugby league Coaches: Mr W Lambkin, Mr G Boulous, Mr S Hales, Mr T Wignell
Group/class: Students in the rugby league talented sport program

Risk Assessment Focus: Safe and effective programs for all students in the rugby league talented sports program.

Task/Activity	Hazard Identification & Associated Risk Type/Cause	Assess Risk* use matrix	Elimination or Control Measures	Assess Risk* post elim.	Who	When
Students changing in to practical gear for rugby league training	- Hygeine / Illness	4	- Change rooms cleaned daily, hygiene practiced taught & encouraged - Change rooms monitored for damage - Single sex change rooms	6	Sport coaches	Prior to / and after training
	- Injury to student	5	- Access to showers - Staff nearby and to announce when / if entering	6		
Rugby League Training	- Injury to student/s including		- Warm up / Cool down should be included before & after all training & competition sessions		Sport coaches	During Training
	• Cuts & Abrasions	5	- Explanation & modelling of correct rugby league techniques	6	Students	
	• Bruising	5	- Question & answer session on rugby league skills, techniques & injuries	6		
	• Asthma	5	- Correct boots that conform to the laws of the game must be worn at all times	6		
	• Broken Limbs	5	- Sports uniform or appropriate clothing must be worn at all times	6		
			- Mouthguards must be worn at training sessions requiring physical contact between participants, games or competitions that organised by external organisations that are school endorsed activities, all selection trials & games organised by the school, regional and/or state school sport association			
			- Students should be encouraged to wear Standards Australia approved head gear & shoulder pads worn should be approved by the ARL			
			- Structured training & coaching program specific to the player's position & physique			
			- Matches involving students 15&U must incorporate "National Safeplay Code"			
			- Matches involving students 14&U must retire five (5) metres from the point at which the ball is played, which is different to the normal ten (10) metres			
			- Staff with knowledge of first aid and /or first aid qualifications			
			- Well equipped medical kit with Epipen available			

Supervision of Students	- Student Safety	2	<ul style="list-style-type: none"> - Police check - Prohibited Persons Declaration - Coaching Qualifications and/or Expertise - Accreditation details of coaches recorded by the Director of Sport - Emergency Care & Anaphylaxis Training - Child Protection Training - Code of Conduct - Principal & Director of Sport to oversee program & facility 	6	Sport coaches	Prior / during & after training
	- Injury to student/s including		- Written parental permission to train, play at inter-school & higher representative levels			
	• Cuts & Abrasions	5	- Structured training & coaching program specific to the player's position & physique	6		
	• Bruising	5	- Students are selected on the basis of ability & suitability to the position they are to play; students assessed as having inappropriate physique for scrimmaging are not allowed to play in these positions; care is taken to prevent students with such physiques from playing in these positions as replacements or by positional changes during the course of a game	6		
	• Asthma	5		6		
• Broken Limbs	5		6			
• Anaphylaxis	4		6			
			<ul style="list-style-type: none"> - Qualified referees used for inter-school competition - Well equipped medical kit with Epipen available - Staff with knowledge of first aid and/or first aid qualifications present at each training session & all matches - Should an injury occur involving bleeding these procedures should be followed : all clothing, equipment & surfaces viewed as potentially infectious & treated accordingly; participants who are bleeding must have wound dressed & securely covered; any blood covered area must be cleaned thoroughly & any blood covered clothing & equipment cleaned or removed prior to participant recommencing activity. - Students must remove jewellery & other ornaments likely to cause injury - Students are to be instructed to use adequate sun protection, e.g. SPF30+ broad spectrum, water resistant sunscreen reapplied regularly - Ice available for the treatment of injuries 			
Rehabilitation	- Injury to student/s	4	<ul style="list-style-type: none"> - Students are not allowed to play or to continue to play if injured & will not be allowed to return to play until it is clear that the injury has healed; if in doubt the student is not to play until medically cleared - Consultation with Physiotherapist - Modified Rugby League Program 	6	Sport coaches	Prior / during & after training

Rugby League Facilities	- Injury to student/s	4	<ul style="list-style-type: none"> - Enclosed grounds are preferred for inter-school fixtures - Grounds must be free of obstructions & loose objects & marked avoiding the use of hydrated lime - Appropriate padding must be used for goal posts - Spectators & reserve players must be positioned well back from the sideline during play 	6	Sport coaches	Prior / during & after training
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Venue and safety information reviewed and attached: Yes

Plan prepared by: J Kenny

Position: Director of Sport

Date: 3 April, 2013

Prepared in consultation with: W Lambkin, G Boulous, S Hales, T Wignell

Position: Rugby League Head Coach & Rugby League Coaching Staff

Communicated to: Teachers, coaches and parent/carers

Monitor and Review – Monitor the effectiveness of controls and change if necessary. Review the risk assessment if an incident or significant change occurs