

# WestNews

A Journal of Westfields Sports

## FROM THE PRINCIPAL

I need to begin by apologising for a mistake in my column in the last edition of Westnews. Our Annual Academic Presentation Night at Club Marconi is on Monday 9 December, **not** Tuesday 10 December. Sorry for any confusion this may have caused.

Even though we have already rolled to our 2014 timetable, there are a number of students who have not completed their 2013 clearance forms. The signing out process requires students to return all outstanding textbooks and school resources and to pay any outstanding fees and charges. This is necessary so that we can issue textbooks and resources to the new upcoming year. This process must be completed immediately. If there are problems with the payment of fees, parents can contact me at school at any time to discuss payment options.

We have been having some issues with Westfields' students behaving in an inappropriate manner at the Tasman Parade shops. This certainly detracts from the excellent reputation which we have established in the local community. I expect that all students when they are out and about within the community are excellent ambassadors for Westfields Sports. Parents can also assist by dropping your sons and daughters at school in the morning, not at the shops.

Our Year 12 students receive their HSC results on Wednesday 18 December and their university ATAR results on Thursday 19 December. We will be holding a morning tea for Year 12 at 11:00am on Thursday 19 December to enable them to come back to school one last time to share their results with staff.

Yearly reports will be handed out on Friday 13 December. Wednesday 18 December will be an Activities Day instead of normal timetabled lessons and is also the last day of the school year for students. Thursday 19 and Friday 20 December are School Development Days for staff only.

Another reminder about our Westfields app. To install it just search for our school name "Westfields Sports High Fairfield West" in either the Apple App Store or Google Play Store. We hope that you will want to come on board.

*Mr R. Davis  
Principal*

29 November. 2013

## IMPORTANT EVENTS

**4/12/2013**

Year 7 Orientation  
6:30pm

**9/12/2013**

Presentation Night  
Club Marconi  
6:30pm

**13/12/2013**

Reports Distributed

**17/12/2013**

End of Term 4

## Winners

## International Olympic Committee

## Sport and Youth Trophy 2008



## FROM THE DEPUTY PRINCIPAL

On Monday 25 November, Westfields Sports rolled over into the 2014 timetable. Students will now have an overview of their course outcomes and the assessment schedule. This will assist our students to be well prepared for 2014.

Congratulations to the SRC executive leaders who



received their school blazers at this week's assembly. President of the P&C, Lynelle Micati made the presentation and acknowledged the excellent work of the new SRC.

At our last Year 7 assembly, Jessica Fox, Olympic silver medallist, in canoeing, gave a very inspiring address to our students. She talked of setting her goals for an ATAR of 97 and making the Olympic squad. Through organisation and very hard work, Jessica achieved an ATAR of 99.1 and a silver medal at the London Olympics, all in her HSC year. Jessica was also the ambassador for Sydney Markets – who donated fruit for every student. Thanks to Ned Tesic, School Captain - 1996 for the generous donation.



Our annual Presentation Evening will be held at Marconi Club on Monday 9 December. At this time we recognise the effort, excellence and achievement of our students. The successful applicants for scholarships will be announced along with special award winners. Students have received an invitation and should return their RSVP as soon as possible.

At this time, annual student reports are being compiled and will be issued on Friday 13 December.

On Wednesday 4 December, our new Year 7 students will attend an orientation presentation in the school stadium. Parents and students will need to be seated by 6:15pm.

Last week, *James Jankulovski* was recognised for his



outstanding achievement in the study of science. James attended the University of Western Sydney to be presented with the Victor Chang Award.

The HSC class of 2013 will receive their HSC results on Wednesday 18 and their ATARs on Thursday 19 December. Students are invited to a morning tea with the Principal on the morning of 19 December. We look forward to many excellent results.

**Mrs H. Wilson**  
Deputy Principal

## 2013 PRESENTATION NIGHT

### Monday 9 December, 2013

Each year Westfields Sports High acknowledges and celebrates its high achieving students at the school's Presentation Night. This year we will gather for this grand event on Monday 9 December at Club Marconi. The evening is specially organised for a group of high achieving students from Years 7 to 11 and their families. Recipients must be in attendance and seated by 6:30pm for the evening to commence promptly.

Students will be recognised and awarded for excellence in one or more of the following areas: academic studies, sport, debating, public speaking, performing arts, citizenship and scholarship.

Students who are recipients should have by now received their invitations and are asked to return the RSVP slip by Monday 2 December to either their Year Advisor or put it in the clearly labelled box outside the PDHPE staffroom.

**Miss S. Healy**  
Head Teacher Welfare

## BLOOD DONATION

Westfields Sports' second group of blood donors visited the Liverpool Blood Donation Centre on Friday of Week 7. *Katherine Ho, Ali Khodr, Tamzin-Lee Tetai and Miss Bechara* all made their first full blood donations and saved three lives each, while Mr Deli made his first plasma donation.



Every full blood donation saves three lives and each plasma donation can contribute to 18 different treatments.

Our final group for 2013 will be visiting the Donor Centre on 13 December.

For more information about giving blood, visit <http://www.donateblood.com.au>, or see Mr Deli (English) or Miss Burt (PE).

## FLOWER GROWERS BALL

On Saturday 26 October, Years 10, 11 & 12 dance students participated in the annual Flower Growers Ball. The students created a 15 minute dance production around the theme of "Off to the Races". The show was a complete success with the dancers impressing the audience. The dancers then modelled wearable fresh flower hats and accessories that were made by the Flower Growers Professional Association and TAFE design students. This was a wonderful opportunity for all aspects of education and professional associations.



**Ms M. Holden**  
Head Teacher CAPA

## HISTORY MASTERMIND !

On Friday 22 November, Adam Bateup, Nkosinathi Magwizi, Tatiana Smith, Amber Frost, Matthew Huang, Flynn Isaacs, Ellie Carpenter and Emily Jurac attended the History Mastermind competition at The Hills SHS with Mrs Leone. It was very challenging, yet great fun! When we arrived at the school, we were split up into two teams. There was a Year 7 team and a Year 8 team. We had to go over our notes about the different time periods and civilisations we were assigned. We all learned a number of interesting facts about history.

There were 4 rounds throughout the competition. Our Year 7 group came 7th out of a total of 30 groups. We were very proud of them! We all had a great time and were challenged throughout the competition. I would definitely participate in this competition again and would encourage other students to compete next year !



*Emily Jurac*

## DUKE OF EDINBURGH

On Sunday 17 November, 14 students from Years 11 and 12 and 5 teachers embarked upon the very first Duke of Edinburgh Gold Test Hike coordinated by Miss Freeman.

Arriving at school, we were full of energy and ready to begin our 5-day adventure in the Snowy Mountains National Park. A 6 hour bus ride was all that stood between us and our destination - a bus ride that could only be described as eventful. Eventually we made it and left the safety of the bus, following the Round Mountain Fire Trail into the National Park on our way to the first camp site; Round Mountain Hut.

At the hut everyone participated in chopping wood with an axe that Miss Freeman found in the hut, and eventually we set up our tents, started a fire and got to the usual Dukes ritual of sharing stories into the night.

Day 2 took everyone by surprise. No one expected it to be so long or difficult. All along the Round Mountain Fire Trail we climbed hills and filled our time with jokes, laughter and food. Then came the swamp crossing at Bogong Swamp. That was filled with small stumbles, wet feet and hard work. In the end we made it. We reached camp site number 2 that afternoon, Grey Mare Hut, which was conveniently placed at the top of the biggest hill of the day. Once at camp we set up tents and made dinner. That night was quite relaxed as everyone needed some recovery time.

Day 3 was our waterfall day. It was decided that we would have a more relaxed day and take some time at Valentine Falls to enjoy ourselves and appreciate the scenery. The waterfall was amazing and the water was perfectly icy cold. As a group we enjoyed lunch and a swim. Back at the camp everyone was overjoyed that tents didn't have to be pulled down or set up as we stayed there two nights. ("Lizard Games")

Wednesday was the day that made everyone nervous, the day that we would conquer Mount Jagungal. The challenge; a 2062 metre climb. The climb tested everyone and pushed us all. But once at the top, all the struggle and doubt disappeared as we took in the wonderful surroundings and the beautiful view. It made it worthwhile. Miss Freeman led us down, and we all walked together to Derschkos Hut. Covered in scratches and bruises there was not one complaint and only sighs of relief when the hut was in sight. After a small break, tents began to pop up and slowly we came together at the camp fire, all hungry and ready for dinner. The whole group enjoyed some card games and then it was "bed time".

As we awoke to our last morning in the bush, everyone was excited to get to the end. Blisters were tended to and breakfast was enjoyed. Along the Round Mountain Fire Trail there was talk of home and food that would be enjoyed at Talbingo. And everyone was excited for shower time. At the end of the track we were greeted by the sight of the bus and comforted by the fact that that night we would be inside, in a bed and would enjoy a warm meal.

There was no greater lesson learned than that with teamwork and friendship there is nothing that cannot be overcome, even one of the highest peaks in Australia. We all give a big thank you to the members of staff who left their families and their work and who sacrificed a whole week to venture out with us on this unforgettable journey. A very special thank you to Miss Freeman and Ms Lee for putting in a fantastic effort to make the Duke of Edinburgh's award possible at Westfields and giving us all something that we will never forget.



## PEER SUPPORT LEADER TRAINING

A BIG "thank you" to those students who have just started Year 11 for 2014 who have agreed to be peer support leaders for next year's incoming Year 7 group. Students have been given permission notes for our Peer Support Leader training day, which will be held on Thursday 5 December in the library from 8:20am to 1:15pm.

Students will run through the orientation activities which will take place with our new Year 7 students Day 1, 2014 and will also listen to anti-bullying presentation from Brett Murray who is a powerful, engaging speaker with a very good reputation for his presentation worldwide. If students have not returned permission notes for the training day, they are asked to return them ASAP to the clearly labelled box outside the PDHPE staffroom.

*Miss S Healy*  
**Head Teacher Welfare**

## YEAR 11 CAMP

During Week 6, Year 11 went on an adventure full camp for three days at Coolendel. Our classroom for three days consisted of the scenic views of the Shoalhaven River and the mountainous green bush surrounding it.



Year 11 students participated in many exciting activities which required courage, team work and trust such as: canoeing in rapids, natural rock climbing, extreme mountain biking (for some, a not so extreme course), abseiling down a cliff, flying foxes, sock wrestling and milk carton climbing. Evening activities were just as interesting with campfire chats, damper making and cooking dinner without electricity, bush style. The camp proved to refresh, challenge personal growth of individuals and establish friendships. All students represented Westfields very well in their manners, participation and courage.

A huge thanks to Mr Rixon for doing a fantastic job at organising the camp.

**Miss K. Smith & Mr D. Rixon**  
PDHPE

**EXCEL IN YOUR STUDIES** C2C COACHING

**PRE-KINDY TO HSC TUTORING**  
Maths English Physics Chemistry Biology Economics  
(All levels)

**CANLEY HEIGHTS**  
Unit 1, 231 Canley Vale Rd  
8730 8963

**FAIRFIELD WEST**  
Market Place, Shop 19  
368 Hamilton Rd  
9725 3004

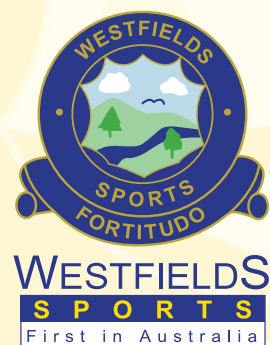
www.committstocaching.com.au

## EXPLORING EARLY CHILDHOOD

Year 12 Exploring Early Childhood recently went on an excursion to Wakeley Early Learning Centre. Here the girls were able to learn about menu planning for young children to assist them with the assessment task they were given. The girls were also taken through the centre and were able to observe young children at play.

The excursion also gave the girls an insight into what it would be like to work as a childcare worker and the educational requirements needed.

**Mrs J. Alic**  
EEC Teacher



Hamilton Road Fairfield West, NSW 2165  
Phone: 9604 3333 • Fax: 9725 4898  
E-mail: westfields-h.school@det.nsw.edu.au  
Web: www.westfields-h.schools.nsw.edu.au

Medical Centre Phone: 9604 3122  
Gymnastics Hall Phone: 9604 3773  
Sports Stadium Phone: 9604 9361

## NSWCHS BLUES DINNER

The annual New South Wales Combined High Schools Dinner held on Friday 29 November, 2013 saw a number of Westfields Sports students honoured with State Blues.



*Kyle Alexis* - Athletics  
*Megan Cantellano-Little* - Basketball  
*Clare Woods* - Football  
*Kristiana Manu'a* - Netball  
*Hayden Mathews* - Softball

In addition to receiving his State Blue, *Kyle Alexis* received the Sydney Markets Sporting Scholarship

Congratulations to these students on their achievements at state level in 2013.

**Mrs J. Kenny**  
Director of Sport

