

WestNews

A Journal of Westfields Sports

FROM THE PRINCIPAL

Even though we have already rolled over to our 2016 timetable, there are a number of students who have not completed their 2015 Clearance Forms. The signing out process requires students to return all outstanding textbooks and school resources and to pay any outstanding fees and charges. This is necessary so that we can issue textbooks and resources to the new upcoming year. This process must be completed immediately. If there are problems with the payment of fees, parents can contact me at school at any time to discuss payment options.

Unfortunately we have had a small number of Westfields' students behaving in an inappropriate manner whilst travelling to and from school and also at the Tasman Parade shops. This certainly detracts from the excellent reputation, which we have established in the local community. I expect that when all students are out and about within the community, they are excellent ambassadors for Westfields Sports. Parents can also assist by dropping your sons and daughters at school in the morning, not at the shops.

Our Year 12 students receive their HSC results on Wednesday 16 December and their university ATAR results on Thursday 17 December. We will be holding a morning tea for Year 12 at 10.00am on Thursday 17 to enable them to come back to school one last time to share their results with staff.

Wednesday 16 December will be a Literacy and Numeracy Day instead of normal timetabled lessons and is also the last day of the school year for students. Thursday 17 and Friday 18 December are School Development Days for staff only.

To help you keep up to date with everything happening at school, Westfields Sports has just launched an official facebook page. You can download the facebook app from the Apple App Store or Google Play Store and search for Westfields Sports or log on via the web [www.http://facebook.com/WestfieldsSports](http://facebook.com/WestfieldsSports)

We also have our Westfields Sports Skoolbag app. To install this, simply search for our school name "Westfields Sports High Fairfield West" in either the Apple App Store or Google Play Store. You can follow us on twitter @WestfieldsSport or visit our website, www.westfields-h.schools.nsw.edu.au.

*Mr R. Davis
Principal*

27 November 2015

IMPORTANT EVENTS

30/11/2015
SSW Blues

3/12/2015
*Year 7
Orientation Day*

4/12/2015
NSWCHS Blues

8/12/2015
*Presentation Night
Club Marconi
6:30pm*

16/12/2015
*Literacy & Numeracy
Day*

17/12/2015 - 18/12/2-15
*School Development
Days - Staff Only*

Winners

International Olympic Committee

Sport and Yout Trophy 2008



FROM THE DEPUTY PRINCIPAL

Our Links to Learning Program has completed for 2016. This has been successful for the Year 9 participants involved and has actively engaged them to their learning at school more effectively. Students of the program successfully graduated with certificates and were extremely proud when presented by our Deputy Principal Mr Rogers. We are currently identifying students who can benefit from this worthwhile strategy and an information session will be presented to them December 1st.

Year 12 Students have been informed of an excellent study program available from TSFX at Sydney University over the Christmas holidays. While the courses do have a fee, these revision and study programs are very thorough and prepare Year 12 for their HSC exams early. Students have been given brochures and can see me for more details if required. Beginning a study plan early and managing time is the key to HSC success!

Mrs S Walker
Deputy Principal

SWIM SCHOOL

Swimming is such an important skill needed for all living in Australia as well as the knowledge of how to stay safe in and around water. Last week, 280 Year 7 students travelled to the Whitlam Centre to participate in Swim Scheme 2015. Throughout the week students learnt the necessary safety skills needed around a pool such as basic stroke technique, rescues in case someone gets in to trouble, safe entries of any depth of water and they was also some time to have fun whilst still staying safe.



Ms K. Burt
PDHPE Faculty

WESTFIELDS SPORTS BUCKET HATS

The Welfare team have recently introduced bucket hats as part of the school uniform to better protect our students from the sun. In 2016, it will be mandatory for Year 7 students to wear a bucket hat for PE and Sport lessons.

Bucket hats are available at the Uniform Shop now for Year 7 students in 2016, and from Week 10 this term for the remaining student population. They are \$15.00 each.

Mrs S. Taylor
Head Teacher Welfare

BUSINESS STUDIES

Earlier this year, 125 Year 11 Business Studies formed 27 teams to participate in an online business simulation game called Game On organised by Charles Sturt University.

Students competed against 885 students from 37 schools across the country. The result of determination and hard work saw one of our teams, BR Cellular, came out first in the Central West Region, winning \$1,000 for the school.

Ms Emma Simpson from Charles Sturt University came to assembly this week to award certificates to the winning team. Congratulations to *Catherine Nguyen, Brittany Mitchell and Rochelle Nissan* for a job well done!



Ms T. Pham
Social Sciences Faculty

BOOT COLLECTION

West Leagues Club Campbelltown are organising a boot and headgear drive for disadvantaged players from the Brewarrina Rugby Club. Brewarrina is approx. 100K from Bourke. If anyone has grown out of his or her boots or headgear and wishes to donate please drop into Mrs Stickler in the front office.

Mrs J. Stickler
School Administration Officer



[www.http://facebook.com/WestfieldsSports](http://facebook.com/WestfieldsSports)

DUKE OF EDINBURGH

On Monday 26 October, Year 10 and 11 students braved the elements to complete their Duke of Edinburgh Silver Test Hike in the Blue Mountains National Park. We spent an adventurous, fun and challenging 3 days and 2 nights tackling the bush. We coped with extreme heat, torrential downpours, thunderstorms and gale force winds. Thankfully, no one lost a tent. It was only halfway through our trip, while walking along a 5km fire trail between checkpoints that a large storm blew in. The sky was dark and we could hear thunder in the distance. Miss Freeman and Mr. Rogers started collecting us in their cars, starting from the back, to avoid the heavy rain. For those of us at the front though, we were the last collected and barely made it to the shelter before the rain started pouring. Christina and Sally had almost walked the entire distance before they were collected! The wind and rain were so rough that branches were falling off the nearby Eucalypts and the rain was coming in under the shelter. We were soaked and it was only lunchtime! That afternoon we proved our physical strength and stamina - scaling multiple rocky cliff-faces, hoisting or lowering each other's packs and helping the person behind us along. Definitely a great arm workout!

On the first afternoon, after a scorching day of hiking, we were "lucky" enough to cool off in the muddy Nepean River - not exactly cleansing!!! But our adventure was not all play. We were set 2 navigational challenges over the 3 days. The first group challenge, found us following a specific bearing in the hope of reaching an exact checkpoint on the other side of the scrub. After lost bearings, drizzles of rain, bush bashing, one of the boys' groups made it to the designated checkpoint and to everyone's jealousy, a reward of donuts! The second challenge was an individual one, which involved us bush bashing through really thick scrub, following a set bearing to reach an exact location. Brandon, who came closest to the tree, was offered a free ride up the hill, but he declined, and we all trudged up the hill, an exhausted group, struggling under our packs together.

Thank you to Miss Freeman for organising the program and the other staff members and mentor students for supervising us on the hike.

Sibel Alca
Silver Duke of Edinburgh Student

PDHPE AND SPORT REMINDER

During PE and Sport lessons students need to be properly prepared with hat, drink bottle and sunscreen. In extreme weather, lessons will be modified with adequate rest and drink breaks provided.

Whilst it is commendable for students to be looking after their hygiene and want to use a deodorant after PE or Sport, it is important to remember that the spray can variety is not suitable to use in the school environment. Roll on deodorant is the most suitable and should be the only method used.

Mr A. Larkin
Head Teacher PDHPE

ABORIGINAL CULTURAL CAMP

During Week 7 Westfields Sports held its first Aboriginal Cultural Camp at Burrill Pines Lagoon. ATSI (Aboriginal and Torres Strait Islander) students participated in a camp, which developed and fostered their knowledge and understanding of their heritage, tribe, language and culture. Students had the opportunity to invite a non-indigenous friend to share the culture, heritage and understanding of Aboriginal education.



We learnt about land, tribes, country, tools, weaponry, 'men's and women's business' and the significance of the language, connections, family and culture.

Activities included an authentic 'bush tucker' walk to Nuggan Point where over 50 bush foods were sampled by students and discussion around significant Australian and Aboriginal History.

Students were shown how to make and paint their own boomerangs, telling their story and then learnt how to throw them. We also caught pippies and prawns and cooked them on an open fire started by students.



The exciting hands on activities all day made for tired students. We also enjoyed the gourmet breakfast, lunch and dinners and endless snacks provided by the elders that would rival any hotel.

The final day took students and staff to one of many significant sites, on a 6km walk deep into the Conjola National Park to an Aboriginal Art Museum. Here, we heard the legend of the 'Bunyip' and viewed artwork 5000 years old.



Students ranged from Year 7 to 12 and had the opportunity to meet others they didn't know with senior students now taking on mentoring and leadership roles with younger indigenous students.

This was an excellent experience for students and staff who attended and looks like it will be a welcome event to Westfields in future years.

Mr B. Mathison
Head Teacher Teaching & Learning

PRESENTATION NIGHT Tuesday 8 December, 2015

Each year Westfields Sports acknowledges and celebrates its high achieving students at the school's Presentation Night. This year we will gather for this event on Tuesday 8 December, 2015, at Club Marconi.

The evening is especially organised for a group of high achieving students from Years 7 to 11 and their families. Recipients must be in attendance and seated by 6.30pm for the evening to commence promptly.

Students will be recognised and awarded for excellence in one or more of the following areas: academic studies, sport, debating, public speaking, performing arts, citizenship and scholarship.

Students who are recipients should have by now received their invitations and are asked to return the RSVP slip by Wednesday 2 December to either their Year Advisor or put it in the clearly labelled box outside the PDHPE staffroom.

Mrs S. Taylor
HT Welfare

UNIFORM SHOP AND LOST PROPERTY

During school term the Uniform Shop is open every Thursday from 8.00am to 11:30am.

It will also be open for Orientation on Thursday 3 December from 2:30pm to 5:15pm and during the school holidays on Thursday 21 January and Wednesday 27 January from 8:00am to 1:30pm.

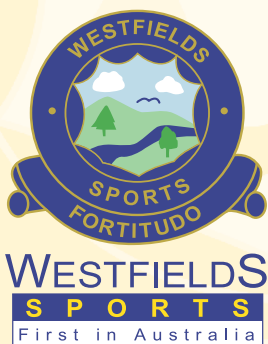
If you have any articles of school uniform no longer required and would like to donate them to the uniform shop for emergency loan clothing please bring them to the Uniform Shop on Thursdays or the school office.

As we near the end of another Term we have collected a very large amount of lost items of clothing and shoes, both school uniform and personal items. Please get students to check at the office if they have lost any items. As always items not collected will be donated to charity at the end of the term. There are also reading glasses and pencil cases in lost property.

Mrs J. Stickler
Uniform Shop

FOLLOW US ON TWITTER

For all the latest information follow us @WestfieldsSport.



Hamilton Road Fairfield West, NSW 2165
Phone: 9604 3333 • Fax: 9725 4898
E-mail: westfields-h.school@det.nsw.edu.au
Web: www.westfields-h.schools.nsw.edu.au

Medical Centre Phone: 9604 3122
Gymnastics Hall Phone: 9604 3773
Sports Stadium Phone: 9604 9361

SYDNEY SOUTH WEST BLUES DINNER

The annual Sydney South West Blues Dinner will be held at the Liverpool Catholic Club on Monday 30 November, 2015. A number of Westfields Sports students will be honoured with Regional Blues.



Gavin Dixon - Baseball
Aaron Borich - Basketball
Binta Salawu - Basketball
Brendan Smith - Cricket
Evangelos Patramanis - Football
Victoria Guzman - Football
Cassidy Ercole - Gymnastics
William Graf - Hockey
Claudia Barton - Netball
Jye Challenor - Rugby League
Mayez Elrich - Tennis

Congratulations to all students on their achievements at regional level in 2015.

Mrs J. Kenny
Director of Sport

Westfields Sports are proud to be supported by :



St Johns Park
Bowling Club

