

WestNews

A Journal of Westfields Sports

FROM THE PRINCIPAL

As the year comes to an end, I thought that I would take the opportunity to recap on some of the main highlights in what has been another hugely successful year for Westfields Sports. Our HSC results were outstanding. *Sibel Alca* topped the State in Dance and achieved an amazing ATAR of 97.55. A further seven students achieved ATAR's in the nineties and forty five students received Band 6 results.

At the beginning of Term 2 all Year 7 and 9 students sat their NAPLAN tests. The single most important aspect of these exams is our ability to track individual student performance over a two-year period. I am pleased to say that the growth data for Year 9 students from when they sat their NAPLAN tests in Year 7 in 2015 was significantly above state average. The growth data from Year 9 NAPLAN through to the HSC was even more impressive placing Westfields Sports in the top 3% of all schools from across NSW.

Our Recognition of Student Excellence Awards and morning teas celebrated and rewarded academic success and were once again well supported by parents. As in previous years, we had many students who received distinction and high distinction awards in Australia wide competitions in English, Mathematics and Science and our debating teams were also highly successful.

In terms of our sporting achievements, this year we had 27 students selected to represent Australia, 83 selected to represent NSW in their chosen sports and Westfields won 15 State Knockout Competitions. Last week at the SSW Regional Sports Awards, seven students received sporting blues, and at the NSWCHS State Awards, three students received NSWCHS Sporting Blues.

Once again our creative and performing arts students had another outstanding year. In addition to our drama and music nights, our students performed at the Evening of Dance, at regional and state dance and more recently at the fantastic school spectacular. We also had 15 dance items selected for the HSC Dance "Call Back"

2017 saw a continuation of our refurbishment program. In April this year we took possession our new strength and conditioning facility which doubled the size of our previous room. With the increasing number of students in our sporting programs and increased dependency on weight training, this building extension has become a necessity. We have also just completed a wonderful new multipurpose cricket training facility. This consists of 4 batting nets with retractable netting which opens up to a large synthetic fielding area.

In terms of technology, every classroom in the school has either an interactive data projector or an interactive whiteboard. In addition to this, we are suggesting that all students bring their own laptop or tablet device to school to assist them with their learning. We believe it is important that your sons and daughters know how to use this latest technology to help them prepare for the digital and online needs of our 21st century society.

I look forward to working closely with staff, students and parents next year to make 2018 even more successful than this year. For those of you who like to be planned well in advance, Years 7,11 and 12 return on Tuesday 30 January and Years 8, 9 and 10 return on Wednesday 31 January 2018.

Thank you once again for your ongoing support of our fantastic school, and please have a safe, happy and relaxing school holiday break.

Mr R. Davis
Principal

15 December 2017

IMPORTANT EVENTS

15/12/2017
Final Day for 2017

30/1/2018
*School Resumes
Years 7,11,12*

31/1/2018
*School Resumes
8,9,10*

Winners

International Olympic Committee

Sport and Youth Trophy 2008

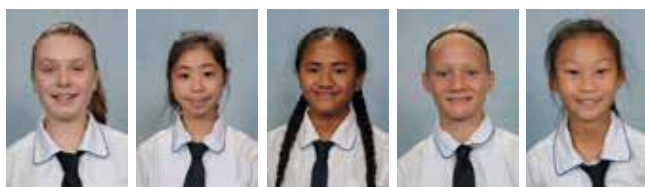
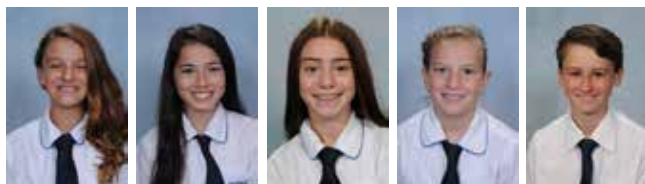


SCHOOL ACADEMIC PRESENTATION NIGHT

Congratulations to all students who received awards at presentation night on Tuesday night. It is important to celebrate the academic success of our students and it was nice to see so many parents and teachers in attendance.

Special congratulations to our students who were awarded Dux of their class in Year 7 or their year group:

Zoe Kambouris (Aqua), Jasmin Freeman (Blue), Tamara Geany (Crimson), Molly Peake (Orange), Kai Simmons (Purple), Jennifer Biggin (Red), Anita Chun (Silver), Paipai Alao (Violet), Anna Norton (White), Courtney Kha (Yellow)



Year 8 - *Mustafa Alaa*
Year 9 - *Benjamin Ogden*
Year 10 - *Angelique Hristodoulou*
Year 11 - *Eren Sevince*



Ms K. Burt
Presenation Night Coordinator

STUDENT RECORDS

In cases of emergency it is very important that Student Records are accurate and up to date.

If you have changed your address or telephone number, or wish to update your emergency contact person, please advise the Administration Office as soon as possible.

Mrs M. Edwards
Administration Office

UNIFORM SHOP - OPENING HOURS

The Uniform Shop is open every Thursday during the school terms from 8:00am to 11:30am. It will also be open on Thursday 18 January and Monday 29 January, 2018 from 8.00am to 1.00pm.

Mrs J. Stickler
Uniform Shop

WELLBEING TEAM 2018

Head Teacher Wellbeing - Daniel Footit (PDHPE)
Assistant HT Wellbeing - Kate Sikimeti (PDHPE)
PPC Coordinator – Melissa de Brabander (PDHPE)

Year 7 Advisor - Sophie Wade (CAPA)
Year 7 Assistant – James Broadbent (PDHPE)
Year 7 Deputy Principal – Daniela Zanet

Year 8 Advisor – Roz Farnon (English)
Year 8 Assistant – Mitchell Caldwell (LOTE)
Year 8 Deputy Principal – Richard McKeough

Year 9 Advisor – Angela Kendirjian (English)
Year 9 Assistant – Mark Butler (English)
Year 9 Deputy Principal – Andrew Rogers

Year 10 Advisor - Kathleen Bennett (PDHPE)
Year 10 Assistant – Matthew Scholz (PDHPE)
Year 10 Deputy Principal – David Barrett

Year 11 Advisor – Mary Bugueno (History)
Year 11 Assistant – Anu Chhabra (Home Economics)
Year 11 Deputy Principal – Richard McKeough

Year 12 Advisor - Mel De Brabander (PDHPE)
Year 12 Assistant - Tara Hili (English)
Year 12 Deputy Principal – Daniela Zanet

HSC DANCE STUDENT TOPS THE STATE

Congratulations to Year 12 student, *Sibel Alca* for coming 1st in HSC Dance.



Sibel received Callback nominations for Core Composition, Core Performance and Major Study Performance.

Ms M. Holden
Head Teacher CAPA

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For all the latest information follow us @WestfieldsSport.





ACL RECONSTRUCTION REHABILITATION

Tearing an anterior cruciate ligament (ACL) in your knee can be one of the most devastating and frustrating injuries any sports person can have. Often a complete rupture of this ligament will require surgery to repair the ligament and then an extensive 9-12 months rehabilitative process will need to be completed prior to return to sport.

How physiotherapy can help you:

- Prepare your muscles prior to surgery with pre-rehabilitation to improve outcomes after surgery
- Help restore movement post-surgery
- Help re-build lost muscle strength
- Help build a progressive exercise program which will help get you ready for sport
- Perform functional testing prior to returning to sport, to minimise the risk of re-injuring the ACL
- Provide a sport specific speed and agility program

We run an hour long; speed, agility and quickness program called **Fast Feet** every Friday afternoon at Doyle Ground in North Parramatta between 3.30pm and 4.30pm. This program is great for helping you return back to full speed and agility prior to returning to full sport.

If you are interested in our **Fast Feet** program or need rehabilitation pre/post ACL surgery please come in to the clinic onsite or give us a call on 96043122

*Jarryd Chippendale
Physiotherapist*

TRAVEL PASSES FOR 2018

Opal Network

Students are to keep their School Opal cards for travel in 2018. These cards will be automatically deactivated for school holidays and then reactivated for school travel in Term One. Current School Opal cards can be updated with changes of school, home address or operator.

*Ms D. Zanet
Deputy Principal*



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Gymnastics Hall Phone: 9604 3773
Sports Stadium Phone: 9604 9361

FROM THE SPORTS DESK

Congratulations

- James Nikolovski (Football), Shadeene Evans (Football) & Liana Smith (Hockey) – School Sport Australia National Representatives
- Basketball 15B Bronze Medal, National Schools Basketball Championships

*Mrs J. Kenny
Director of Sport*

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Westfields Sports are proud to be supported by :



St Johns Park
Bowling Club

