Westfields Sports

FROM THE PRINCIPAL

By the time you are reading this article, everyone should have received your invoice for 2018 fees and contributions. You will notice that included in the invoice is a \$15.00 P&C levy. This levy covers the insurance for your sons and daughters which the P&C pays on your behalf for services such as ambulance, medical, physio and dental. As school activities are not covered by insurance, I would strongly recommend that parents pay this levy. I would appreciate it if you could make arrangements to pay the fees and contributions outlined on this invoice as soon as possible. Subject fees need to be paid immediately as we have already purchased the resources and products that your sons and daughters are currently using in these practical subjects. Similarly, we are also paying our coaches so the first instalment (\$300.00) of the sport fees also needs to be paid immediately. If you are unable to pay these fees in full, I would ask that you contact Tracey Giorgiutti in our office who can arrange for these contributions to be paid off in instalments throughout the year. A reminder that you can pay your fees online. Just go to the Westfields High School Website and click on the 'make a payment' tab and follow the instructions from there. You will need to provide your child's student number which is on their Student ID card or for new students on their diary.

Our first Parents and Citizens Meeting for the year is Wednesday 28 February at 6.30pm in the Administration Block. All parents, but especially our new Year 7 parents are invited to come along and support your school. As an incentive our Hospitality students will be providing canapés and we will take you on a tour of the school before we commence the meeting.

We have had a very settled start to the year and as I wander around the school, it is good to see the students working hard in all of their classes. It is essential that this continues for the entire year if we are to maximise the learning outcomes for all students and equal the success of the 2017 HSC. The value added data for last year's HSC has just arrived and I would like to congratulate the students and staff for achieving such a fantastic result. The value added data for the 2017 HSC is determined by comparing that performance with the performance of the same students when they sat their NAPLAN tests in 2014. I am pleased to say that once again our value added places us in the top 5% of all schools from throughout the state which is a further indication of the excellent academic record that we have at Westfields. I challenge this year's HSC students to work even harder and out-perform last year's results.

I would like to finish by stressing the importance of students being at school on time and attending all lessons, and I would like to reinforce this with the parents. When students arrive late, not only are they missing out on valuable work, they also disrupt the rest of the class who are already working, and that is not fair on the other students or the teacher. It is even more important that students attend school all the time. Frequent absences affect the continuity of learning and means that students often miss out on valuable knowledge and skills that are a prerequisite for further learning to occur. I would ask that you support us by ensuring that your sons and daughters are at school on time every day.

Mr R. Davis Principal **26 February 2018**

IMPORTANT EVENTS

28/2/2018P&C Meeting
6:30pm

Winners

International Olympic Committee

Sport and Youth Trophy 2008



HSC MINIMUM STANDARDS

A minimum standard of literacy and numeracy is required to receive the HSC from 2020 to reflect the importance of literacy and numeracy for success in daily life. HSC students will need to meet the HSC minimum standard in three areas - reading, writing and numeracy.

If you are sitting for the HSC in 2018 or 2019 you do not need to meet the minimum standard.

Year 10 students (2018) who did not receive a Band 8 or above in the Year 9 NAPLAN test you will need to take the minimum standard tests online between now and Year 12 to receive your HSC in 2020.

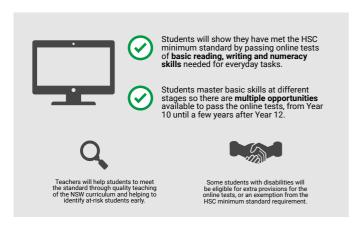
Advice for Year 10 Parents

Advice for Year 10 Students

Year 9 students (2018) will no longer use the NAPLAN tests as an early way for students to demonstrate the standard.

IMPROVING LITERACY AND NUMERACY

Literacy and numeracy skills are essential for success in learning and life after school. This is why students are required to show they have met a minimum standard of literacy and numeracy to receive the Higher School Certificate from 2020.



STAY UP TO DATE

NSW Education Standards Authority







ACCIDENTS OR ILLNESS

Students who become sick during the school day will be given permission by their teacher to go to the sick bay. Minor injuries are treated at school. If necessary, an ambulance will be called.

Staff will contact parents/guardians if students need to go home.

STUDENTS ARE NOT PERMITTED TO CONTACT PARENTS DIRECTLY.

Ms D. Zanet Deputy Principal

LOCAL SPORTING CHAMPIONS FUNDING

This Australian Government initiative has been designed to provide financial assistance for junior sportsmen and women towards the cost of travel, accommodation, uniforms or equipment when competing at an official national sporting organisation (NSO) endorsed state sporting organisation (SSO) or national school sporting competition.

The grants for individual applicants will be \$500. To be eligible to apply, young people must be aged between 12-18 years and travelling more than 250km to compete in state or national level sporting competitions. So if you know any junior sportsmen and women at your school that maybe finding it difficult to meet the ongoing and significant costs associated with participation at sporting competitions, send them this flyer and encourage them to apply for an LSC grant online at http://www.ausport.gov.au/champions

Mrs J. Kenny Director of Sport

FOLLOW US ON TWITTER

For all the latest information follow us @WestfieldsSport.



HOMEWORK CENTRE - SUPPORTING OUR STUDENTS

The homework centre, based in the school library is available for all students from 3.15pm to 4.15 pm on Tuesdays, Wednesdays and Thursdays during the school term. Teaching staff are available to assist students with homework, research and study. Whilst attendance is voluntary, students may need to make alternate arrangements to travel home as they will not be dismissed from the homework centre until 4.15pm on these days. If your child requires assistance with homework or is just looking for a quiet place to study please encourage them to attend the homework centre.

Mr C. King Head Teacher Secondary Studies (Relieving



UNIFORM SHOP - OPENING HOURS

The Uniform Shop is open every Thursday during the school terms from 8:00am to 11:30am.

PARENT ONLINE PAYMENTS NOW AVAILABLE

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card, and can be made via computer, tablet or mobile phone. The payment page is accessed from the front page of the school's website by selecting \$ Make a payment.

At this stage we would only like parents to pay for their child's school fees. Excursions must be paid by the student at school.

When you access the \$ Make a payment you must enter:

- · The students name, and
- Class and reference number OR
- · The students name, and
- · Date of birth.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner; these details are not passed back to the school.

You have the ability to check and change any details of the payment before it is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.

Mrs L. Thomas School Administrative Manager

STUDENT RECORDS

In cases of emergency it is very important that Student Records are accurate and up to date.

If you have changed your address or telephone number, or wish to update your emergency contact person, please advise the Administration Office as soon as possible.

Mrs M. Edwards Administration Office

LIKE US ON FACEBOOK



https://www.facebook.com/WestfieldsSports/

EARLY LEAVERS

If a student needs to leave school early they should;

- bring a parental note stating why and when the student is required to leave school
- show the note to the Deputy in Charge of their year and receive an Early Leavers Pass
- show their classroom teacher the Early Leavers Pass when leaving class

All appointments should be made outside of school times.

STUDENTS ARE NOT PERMITTED TO LEAVE THE SCHOOL GROUNDS WITHOUT PERMISSION

Mr D. Barrett Deputy Principal

THE WELFARE TEAM

In the last school newsletter, the Welfare team was outlined. This team is in place to ensure that school is a supportive environment for all students. Please do not hesitate to contact your child's Year Advisor or Mr Footit (Head Teacher Welfare) should you think there is extra information we should know about your child to help support them at school. If your child has a medical condition that the school is not aware of, please as a matter of urgency, let us know.

Mr D. Footit Head Techer Welfare

PDHPE AND SPORT REMINDER

During PE and Sport lessons students need to be properly prepared with hat, drink bottle and sunscreen. In extreme weather, lessons will be modified with adequate rest and drink breaks provided.

Whilst it is commendable for students to be looking after their hygiene and want to use a deodorant after PE or Sport, it is important to remember that the spray can variety is not suitable to use in the school environment. Roll on deodorant is the most suitable and should be the only method used.

Mr A. Larkin Head Teacher PDHPE



The Department of Education is upgrading Westfields Sports High School.

If you would like more information on the project or to provide feedback, please visit the Information Booth on **Thursday 8th March, 2018** at the venue noted below.

Location: Wetherill Park Library (Stockland Shopping Ctr), 561-583 Polding St, Wetherill Park NSW 2164

Date: Thursday 8th March, 2018

Time: 5:30pm - 7:30pm



ACHILLES PAIN

Training for that long awaited race, imagining that record breaking run and then all of a sudden you feel this pain in your Achilles. This pain starts with a niggle after increasing your training load and intensity, then it increases over weeks to months eventually taking its toll on your performance and ability to participate in your much loved sport.

Now there is a way to minimize the effect of Achilles pain and also a way you can minimize the chance of developing this frustrating, party stopper of an injury. However, it usually doesn't go down without a fight and may take a several weeks, and for the stubborn ones even a few months.

How we can help:

- Assess for any poor movement patterns
- Create a progressive and specific strengthening and flexibility program
- Massage and release the tight muscles of the calf
- Create a return to sports specific program

If you suspect you may have an Achilles injury, please come into the practice onsite or give us a call on 96043122 to make an appointment.

Jarryd Chippendale Physiotherapist

Congratulations

- Natalie Armstrong, Shelby Fulton, Breana Palma, Gia Palma - SSW Softball Representatives
- Hannah Darlington, Hayley Elliott, Angelina Genford, Zoha Siddiqi, Niyati Yoganand - SSW Cricket Representatives
- Lachlan Brook, Jack Bennetts, Jackson Campbell, Cameron Duffield - SSW Baseball Representatives
- School Swimming Carnival CLARKE 194, HAYNE 191, KEWELL 109, SAMUELS 85
- Jackson Isakka NSWCHS State Cricket Representatives
- Natalie Armstrong, Shelby Fulton NSWCHS State Softball Representatives

Mrs J. Kenny Director of Sport

HIGH ACHIEVERS ASSEMBLY

It was great to have some of the Class of 2017 back at school on Thursday 22 February to celebrate their success in the HSC. Students who received Band 6 results were presented with certificates and a special presentation was made to our Dux, *Sibel Alca*.

Congratulations to all.



Mr A. Rogers Deputy Principal

Westfields Sports are proud to be supported by :









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